


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <h1>January 2026</h1> <h2>Southgate Special Care- Main Lounge Programs</h2> </div>						
10:15-10:30 Praise and Worship: Taren Wells Greatest Hits <i>10:30-11:15 Artistic Expressions: Animals Sledding Down a Hill</i> 11-11:30 Perfect Winter Soup Recipes 11:30 Greatest Hits of the 60s (YT) 2:30 Worship Service (AUD)	10:15-10:30 Musical Balloons 10:30-11:00 Fun with Words 11-11:30 Songs with Colors 11:30 The Amazing True/False Game 2:30-3:30 Musical Entertainment with Cecilia (C-Lounge) 4-4:30 Bossa Nova Music and Hand/Shoulder Massages	10:15-10:30 Seated Exercises 10:30-11:00 Target Toss 11-11:30 Memorable Slogans 11:30-11:45 Rick Steve's: Switzerland's Jungfrau Region: Best of the Alps (YT) 2:30 Communion Service (AUD) 4-4:30 Hymns of Faith and Hand Massages	10:15-10:30 Mind and Body Exercises 10:30-11:00 Games on the IN2L: Card Sharks and Trivia 11-11:45 Beat the January Blues: "Indoor Gardens" 2:15-3:00 Tea Aromas and Memories with Shannon 3-3:20 Poems for Tea Lovers 3:20-3:45 Elvis Presley Song Quiz 4-4:30 Split Words Game	10:15-10:30 Zumba Gold Fitness with Michelle Thomas (YT) 10:30-11:45 Words of Hope 10:45-11:20 Chaplain Time 11:20-11:45 All About Riddles 2:30-3:30 New Year's Day Celebration with Jerry Castaldo (AUD) 4-4:30 Discussion Group: New Year's Resolutions	10:15-11:45 Grandma's Kitchen: Andes Mint Cookies 2:15-3:15 Winter Wonderland Social with Talia 3:15-3:45 40 Fingers-Guitar Rhapsody, Full Live Concert (YT) and Hand Massages 4-4:30 Winter Theme Stories	10:15-10:30 Exercise to Polka Music 10:30-11:30 BINGO 11:30 Songs of Neil Dimond 2:15-2:45 Grand Toss Game 2:45-3:20 Proverbs and Meanings 3:20-3:45 The Mario Lanza Collection: Lanza at His Best (YT)
10:15-11:30 Zach Williams Christian Worship Songs 10:30-11:00 Riddles You Know 11-11:30 Best Movie Musicals of the 1960s 11:30 Vera Lynn Sings (1977) 2:30 Worship Service (AUD)	10:15-10:30 Musical Balloons 10:30-11:30 BINGO 2:15-3:00 Spanish Club: "South American Most Luxurious Train" 3-3:30 Best Movie Musicals of the 1960s 3:30-3:45 Name Items Found at a Beauty Salon 4-4:30 Name That Sound	10:15-10:30 Seated Exercises <i>10:30-11:30 Artistic Expressions: Snowmen Wreath Craft</i> 11:30 Mid Century Home Life-50's (YT) 2:30 Worship Service (AUD) 4-4:30 Name That Classic TV Show (YT)	10:15-10:30 Mind and Body Exercises 10:30-11:30 BINGO 11:30 Neil Diamond Greatest Hits 2:30-3:30 John Heiserman Performs (C-Lounge) 4-4:30 Listening to Mozart, Citrus Scents and Hand Massages	10:15-10:30 Rocking Oldies Seated Workout with Paul Eugene 10:45-11:20 Chaplain Time 11:20-11:45 "Singer" Presents Tony Bennett (1966) 2:15-3:00 Food Jingo 3:00 Bee Gees - One Night Only (1997) (YT) 4-4:30 Jeopardy Gameshow Episode (YT)	10:30-11:30 Grandma's Kitchen: Snickerdoodle Cookies 2:15-2:45 IN2L Games: Family Feud and Plinko 2:45-3:20 You be the Judge 3:20-3:45 What Am I? Riddles 4-4:30 Story wise	10:15-10:30 Exercise to Rock & Roll Music 10:30-11:30 BINGO 2:15-2:45 Fill in the Blank 2:45-3:00 Story wise 3-3:45 Lionel Richie Symphonica in Rosso, Hand Massages and Cedar Scents
10:15-10:30 Worship with Jeremy Riddle (YT) 10:30-11:00 Pick a Snowman Matching Game 11-11:45 Carpenters at the BBC (1971) 2:30 Worship Service (AUD)	10:15-10:30 Musical Balloons 10:30-11:30 Pascack Hills H.S. Jazz Concert (AUD) 11:30 Dean Martin Greatest Hits 2:30-3:30 Entertainment with RuthAnn (C-Lounge) 4-4:30 Legends of Hollywood Reminisce Martin Luther King Jr. Day	10:15-10:30 Seated Exercises 10:30-11:15 Bowling Alley (Sunroom) 11:15-11:45 Classic TV Bloopers from the 50s and 60's (YT) 2:30 Worship Service (AUD) 4-4:30 Rhyming Words	10:15-10:30 Mind and Body Exercises 10:30-11:00 Table Games and Puzzles 11-11:45 David Bowie Live BBC Radio Theater 2000 2:15-3:15 Refreshments and Trivia with Talia 3:15-3:45 Complete the Phrase 4-4:30 Three Letter Word Game	10:15-10:30 In-Home Metro Active - Silver Sneakers, Motown Hits Exercise 10:30-10:45 Words of Hope 10:45-11:20 Chaplain Time 11:20-11:45 Ray Charles: "Live in Concert" Paris 1969 2:30 Catholic Mass (AUD) 4-4:30 Toss and Talk Ball	10:30-11:30 Grandma's Kitchen: Banana Bread 2:15-2:45 Luck Strike Bowling (Sunroom) 3:00-3:45 Frank Sinatra and Perry Como Live at the White House (1982) 4-4:30 Pondering Prompts	10:15-10:30 Boogie to the Beat Exercise 10:30-11:30 BINGO <i>2:15-3:15 Artistic Expressions: Hot Cocoa Thumbprint Ornament with Card</i> 11:30 Songs of Neil Dimond 2:15-3:15 BINGO 3:15-3:45 Name that 50's tune
10:15-10:30 Jenn Johnson and Bethel Church-Worship Medley 10:30-11:00 Bocce Ball 11-11:30 Easy Listening Music and Hand Massages 11:30 Front Porch Travelers: "The View of Japan" 2:30 Worship Service (AUD)	10:15-10:30 Musical Balloons 10:30-11:15 Drumming Circle with Talia 11:15-11:45 Karaoke Fun on the IN2L 2:15-3:15 BINGO 3:15 The Magic of Winter in New England (YT) 4-4:30 Higher or Lower Game Australia Day (Observed)	10:15-10:30 Seated Exercises <i>10:30-11:30 Artistic Expressions: Frosty the Snowman Paper Plate Craft</i> 11:30-11:45 How It is Made: M&M's 2:30 Worship Service (AUD) 4-4:30 Songs from Musicals (YT)	10:15-10:30 Mind and Body Exercise 10:30-11:30 BINGO 11:30-11:45 Tour of San Jose's Japantown (YT) 2:30-3:30 Monthly Birthday Party with Entertainment with Estere Diva (C-Lounge) 3:15-3:45 How Delicious Candy is Made: Modern Marvels 4-4:30 Balloon Stretch	10:15-10:30 Rocking Oldies Seated Workout with Paul Eugene 10:45-11:20 Chaplain Time 11:20-11:45 Hand/Shoulder Massages 2:15-3:15 BINGO 3:15-3:45 A Closer Look: Inside Martha Stewart's Iconic New York House and Estate 4-4:30 IN2L: Piggy Bankers	10:30-11:30 Grandma's Kitchen: Strawberry Cake 2:15-3:15 Winter Theme Sensory Spa with Margarita 3:15 Amy Grant Came to Newton, NC (YT) 4-4:30 Guess the 60's TV show Theme Song	10:15-10:30 Exercise to Polka Music 10:30-11:30 BINGO 11:30 Judy Garland Musical Performances 2:15-2:45 Target Toss 2:45-3:20 Winter Wildlife 4K and Aromatherapy 3-3:30 Rick Steves: Iceland (YT)